



# Dulces Nanas



## LIC. TAMARA CHAFFITTELLI FOUNDER

I was born in Buenos Aires in a family made of my mom, dad and two sisters. Since I was young, I have felt an innate passion for maternity and early childhood. I spent many hours playing with and dedicating all of my attention to dolls. I grew up surrounded by kids in a large house with a lot of space to explore, create, and have fun. I always knew what I wanted, and I have always pursued my dreams.

I have been working with kids and families for 17 years. I graduated in psychology from the University of Belgrano and achieved my second specialization in Clinical Child and Adolescent Psychology and I have been in permanent training since then.

While studying at the university, I dedicated to take care of babies and kids working for different families. I was particularly attentive to newborns and children with special needs. I loved working with kids with extremely thorough attention.

I interned in the Children's and Youth Area and in the Family Unit at Dr. Carlos G. Durand Hospital, and in the Juanito Foundation, Home of Assistance for children in vulnerable situations.

In those years, I volunteered with children patients that suffered from oncological diseases in the Play Room at the Maria Cecilia Foundation in the Maternal and Child Hospital of San Isidro, which took me to train in pediatric psycho-oncology and complete my postgraduate degree in psycho-immune-neuro-endocrinology of stress at the Favaloro University.

When I graduated, I was finally able to join the professional mental health team of the hospital, working in different areas, such as: pediatric hospitalization, surgical psycho-prophylaxis, and pediatric onco-hematology. At that time, I carried out my training in surgical psycho-prophylaxis in children and adolescents at the Italian Hospital.

I attended to my first pediatric patients in my private office.

I attended various training courses in Child Psycho-diagnosis, Neuro-developmental Disorders, Autism and GDD at the Maternal and Child Hospital of San Isidro.

I was deeply moved after several years in contact with death and hard diseases at an early age, therefore, I became very reflective and needed to understand the beginning of life, starting with the initial bond with parents and children.

I trained as a specialist in psycho-perinatology and childcare and in breastfeeding. Additionally, I also trained as an infant massage educator with the International Association of Infant Massages (IAIM). I worked in workshops and parenting groups accompanying the mothers.



Later, I wanted to reinforce into the bond not only with parents, but also, with caring figures like grandparents and nannies. I completed the training from Early Childhood Attachment Style Assessment, Care Index (in charge of psychologist Patricia Crittenden – Family Relations Institute, Miami, USA) and obtained practical and theoretical knowledge about evaluating the early interactions between caregiver and child and the development of an effective bond.

In 2013, I arrived at an institution called Lóczy in Budapest, Hungary, and I learned for the first time to look at childhood and recognize the child in a new way that I had never seen before through the marvellous work of Emmi Pikler, MD. Since then, I have started from scratch in my professional life as much as in my personal life.



Since then, I have travelled to the Congresses, Symposiums, and Meetings carried out in Budapest and Argentina to network with professionals from around the world who are involved with this approach and at the same time, I have been finishing the entire training course as a Pikler Pedagogue.

Understanding birth and upbringing in a respectful, free, and autonomous way and being centered on the needs of the child, in a family and containment environment led me to think on a second level; what happens to these children who are raised this way when they arrive at school?

I went deeper into alternative pedagogies, taking courses about Waldorf, Montessori, Reggio Emilia, and Forest School.



I have extensive experience coordinating my own and third-party educational spaces, schools, home kindergartens, playrooms, and free play spaces.

In addition to working with children in the educational field, I trained in Yoga and Mindfulness for kids and adolescents in Portugal, while I was coordinating the space for 0-3-year-old children in a Montessori school in the city of Porto.



In recent years, I have dedicated myself to my master's degree in Montessori Education in the University of Barcelona and I am about to receive a certificate as a Montessori Guide for ages 0-3 and 3-6 through IMI.

Nowadays, I spend my time split between Europe and Argentina. I love my profession and work. I am in charge of the general coordination of the Professional Team of Dulces Nanas both in Argentina and in the new Italian project. Additionally, I have the possibility to keep direct contact working with kids in workshops and play spaces.

I continue learning every day from working with families and children.

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